

Economic justice through the lens of human dignity



JANUARY 2019

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In cooperation with the Heinrich Böll Foundation Southern Africa.

HEINRICH BÖLL STIFTUNG SOUTHERN AFRICA

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About the Household Affordability Index

The Household Affordability Index has been designed in conversation with women living on low incomes in Pietermaritzburg. Its purpose is to provide a lens into the affordability crisis facing households living on low incomes by looking at wage and social grant levels and the costs of goods and services reasonably expected to be covered by this low income. It further provides a measure of inflation as experienced by households living on low incomes.

The research conversations, data collection and analysis are located in Pietermaritzburg however the Household Affordability Index may provide a reasonable sense of the affordability crisis and inflationary pressures for working class households across South Africa.

We release the Household Affordability Index monthly. We welcome its use and distribution and hope that it may be of value in the struggle for economic justice. We would also be open to feedback on how we might make the Household Affordability Index more accessible and useful. Please contact us should you wish to have a conversation, for media enquiries and for further information, data and analysis.

About the Pietermaritzburg Economic Justice & Dignity Group

The Pietermaritzburg Economic Justice & Dignity Group is a Civil Society initiative founded in July 2018. This initiative focusses on issues of economic justice, the low-wage regime and on the increasing household affordability and food price crisis, with its attendant nutritional deficiencies, health and developmental consequences, and the lack of imaginative policy and systemic responses to deal with this crisis.

The Pietermaritzburg Economic Justice & Dignity Group envisions and work towards a society of solidarity, based on a politics of love and universality, and an economy which provides justice, equity, and dignity for all.

1. JANUARY Summary Data Reference Sheet

Summary of Pietermaritzburg Economic Justice & **Dignity Household Affordability Index Data**

National Minimum Wage in Ja	nuary 2019	
General workers at exemption	n level of R18/hr	R3 168,00
2 core expenses	% of wage	Rands
Transport to work (2 taxi RTN)	36,1%	R1 144,00
Prepaid electricity (350kWh)	16,7%	529,34
Total: transport + electricity	52,8%	R1 673,34
Money remaining to secure all ot	her expenses	R1 494,66

Cost of Household Food Basket in January 2019		
Cost of Household Food Basket	(7 members)	R3 118,28
Month-on-month change	3,2%	R95,38
From June 2018 change	2,2%	R67,70

Cost of VAT on Household Food Basket in January 2019	
% VAT on the Household Food Basket	7,2%
Total VAT on the Household Food Basket	R223,83
In Jan 2018, VAT equivalent to price of 35kg maize meal.	

	useholds	Dec 2018 vs.
Core foods	Cost	Jan 2019 (%)
Maize meal (25kg + 10kg)	R 225,78	0%
Rice (10kg)	R 80,82	6%
Cake Flour (10kg)	R 78,16	2%
White sugar (10kg)	R 145,16	5%
Sugar beans (5kg)	R 87,33	3%
Samp (5kg)	R 30,16	6%
Cooking oil (5L)	R 84,49	6%
Salt (1kg)	R 14,19	0%
Potatoes (10kg)	R 77,97	29%
Onions (10kg)	R 51,18	-3%
Frozen chicken pieces (10kg)	R 314,98	-3%
Curry powder (200g)	R 27,16	5%
Stock cubes (24 cubes x2)	R 35,98	14%
Soup (400g x2)	R 28,31	15%
Tea (250g)	R 29,32	2%
Subtotal of core foods	R 1 310,98	2,9%

Cost of Household Domestic and Personal	R667,49
Hygiene Products Basket	

Cost of feeding a family a basic nutritious diet per month	
Household size with 4 members	R2 560,45
Household size with 5 members	R3 234,25
Household size with 7 members	R4 480,20
In January 2019, families with 7 members underspent on basic	
nutritious food by 30% (-R1 361,92).	

Cost of feeding a child a basic nutritious diet per month	
Small child aged 3-9 years	R584,37
Small child aged 10-13 years	R629,08
Girl child aged 14-18 years	R661,58
Boy child aged 14-18 years	R730,13
In January 2019, the Child Support Grant is set 25% below the	
food poverty line and 35% below the cost to secure a basic	
nutritious diet for a small child aged 10-13 years.	

Summary of Statistics South Africa's Economic and **Social Data**

All South Africans	
Population size	57,7 million
Unemployment rate	27,5%
Expanded unemployment rate	37,3%
Numbers of people unemployed	9,76 million
Numbers of people employed	16,4 million
Number of people one wage supports	3,5 people
The median wage	R3 300,00
Median wage dispersed through a family	R942,86
Black South Africans	
Population size	46,7 million
Unemployment rate	31,1%
Expanded unemployment rate	41,8%
Numbers of people unemployed	8,8 millior

expanded unemployment rate	41,070
Numbers of people unemployed	8,8 million
Numbers of people employed	12,3 million
Number of people one wage supports	3,8 people
The median wage	R3 000,00
Median wage dispersed through a family	R789.47

White South Africans	
Population size	4,5 million
Unemployment rate	7,1%
Expanded unemployment rate	11,7%
Numbers of people unemployed	193 000
Numbers of people employed	1,9 million
Number of people one wage supports	2,4 people
The median wage	R12 500,00
Median wage dispersed through a family	R5 208,33

The maximum value of the National Minimum Wage [NMW]: general workers	R20 an hour
Level of NMW at 10% exemption	R18 an hour
The value of the Child Support Grant [CSG] The value of the Old-age Grant [OAG]	R410,00 R1 700,00
The number of children receiving a CSG The number of pensioners receiving an OAG	12,3 million 3,5 million
The upper bound poverty line [UBPL] The food poverty line [FPL]	R1 183,00 R547,00
% of people living below the UBPL (30,4m)	55,5%
% of people living below the FPL (13,8m)	25,2%
% of Black South Africans living below the UBPL (±29,9m)	64,2%
Stunting levels in boy children under 5 years	30%
Stunting levels in girl children under 5 years	25%
Estimated overall HIV prevalence rate among population (7,52m)	13,1%

Any errors in data entry or calculations are our own. See reference page 12 for Statistics South Africa data references.

All efforts are made to source the latest data.

	Quantita	In	dex 2018/	19	change	in Rands	chang	je in %
Foods tracked	Quantity tracked	Jun_2018	Dec_2018	Jan_2019	Dec 2018 vs. Jan 2019	Jun 2018 vs. Jan 2019	Dec 2018 vs. Jan 2019	Jun 2018 vs. Jan 2019
Maize meal	25kg + 10kg	R 227,49	R 226,18	R 225,78	-R 0,40	-R 1,71	0%	-1%
Rice	10kg	R 74,32	R 76,49	R 80,82	R 4,33	R 6,50		9%
Cake Flour	10kg	R 70,82	R 76,32	R 78,16		R 7,33	2%	10%
White sugar	10kg	R 128,66	R 138,83	R 145,16		R 16,50	5%	13%
Sugar beans	5kg	R 96,82	R 85,16	R 87,33	R 2,17	-R 9,50		-10%
Samp	5kg	R 30,99	R 28,49	R 30,16	,	-R 0,83		-3%
Cooking oil	5L	R 72,66	R 79,66	R 84,49	R 4,83	R 11,83	6%	16%
Salt	1kg	R 13,74	R 14,19	R 14,19		R 0,45	0%	3%
Potatoes	10kg	R 50,94	R 60,23	R 77,97	R 17,73	R 27,03	29%	53%
Onions	10kg	R 64,75	R 52,92	R 51,18		-R 13,57	-3%	-21%
Frozen chicken portions	10kg	R 327,98	R 324,98	R 314,98		-R 13,00		-4%
Curry powder	200g	R 26,99	R 25,82	R 27,16	.,	R 0,17	5%	1%
Stock cubes	24 cubes x2	R 32,31	R 31,65	R 35,98		R 3,67	14%	11%
Soup	400g x2	R 24,98	R 24,65	R 28,31	R 3,67	R 3,33	15%	13%
Теа	250g	R 23,49	R 28,82	R 29,32	R 0,50		2%	25%
Maas	4L	R 40.83	R 38,16	R 39,49	R 1,33	-R 1,34	3%	-3%
Eggs	60 eggs	R 97,99	R 90,14	R 88,47	-R 1,67	-R 9,52	-2%	-10%
Chicken feet	5kg	R 155,97	R 134,72	R 132,22	-R 2,50	-R 23,75	-2%	-15%
Gizzards	2kg	R 55,99	R 53,98	R 55,48	R 1,50	-R 0,50	3%	-1%
Beef	2kg	R 152,98	R 142,99	R 146,98		-R 6,00		-4%
Wors	2kg	R 80,98	R 83,48	R 81,48		R 0,50		1%
Inyama yangaphakathi	2kg	R 49,44	R 50,48	R 52,98		R 3,54	5%	7%
Tomatoes	6kg	R 76,58	R 65,71	R 72,49	R 6,79	-R 4,09	10%	-5%
Carrots	5kg	R 33,00	R 32,50	R 47,49	R 14,99	R 14,50	46%	44%
Butternut	10kg	R 40,94	R 52,66	R 47,13	-R 5,53	R 6,19	-11%	15%
Spinach	8 bunches	R 51,92	R 37,29	R 37,29	R 0,00	-R 14,63	0%	-28%
Cabbage	2 heads	R 25,32	R 18,98	R 25,98	R 7,00	R 0,66	37%	3%
Cremora	800g	R 32,49	R 30,66	R 34,32	R 3,67	R 1,83	12%	6%
Tinned pilchards	400g x6	R 87,32	R 88,64	R 93,64	R 5,00	R 6,32	6%	7%
Canned beans	410g x6	R 55,48	R 53,50	R 60,30	R 6,80	R 4,82	13%	9%
Bananas	4kg	R 42,63	R 44,63	R 47,29	R 2,67	R 4,66	6%	11%
Apples	1.5kg	R 17,82	R 21,82	R 24,99	R 3,17	R 7,17	15%	40%
Margarine	1kg x2	R 62,98	R 63,31	R 63,98	R 0,67	R 1,00	1%	2%
Peanut butter	400g x2	R 49,31	R 49,15	R 49,31	R 0,17	R 0,00	0%	0%
Polony	2.5kg	R 50,82	R 57,49	R 56,99	-R 0,50	R 6,17	-1%	12%
Apricot jam	900g x2	R 49,31	R 49,31	R 49,65	R 0,33	R 0,34	1%	1%
White bread	25 loaves	R 247,00	R 254,88	R 259,04		R 12,04		
Brown bread	25 loaves	R 226,54	R 234,04	R 240,29		R 13,75		6%
Total household food	basket	R3 050,58	R3 022,90	R3 118,28	R 95,38	R 67,70	3,2%	2,2%

2. JANUARY Household Food Index

Month-on-month: The cost of the household food basket increased by R95,38 (3,2%) to R3 118,28 in January 2019.

From June 2018: The cost of the household food basket *increased* by R67,70 (2,2%) from R3 050,58 in June 2018 to R3 118,28 in January 2019.

The household food basket has been designed together with women living on low incomes in Pietermaritzburg. It includes the foods and the volumes of these foods which women living in a household with seven members (the average low-income household size in Pietermartizburg) tell us they typically try and secure each month. Food prices are sourced from supermarkets (6) and butcheries (4) that target the low-income market and which women identified as those they shop at. Food selection at the supermarket shelves mirrors how women themselves make decisions at the supermarket shelves *viz*. that the foods are chosen on relative affordability and reasonable quality. The date for data collection is between the 1st and 4th day of each month. There are 38 foods in the household food basket.

The household food index is designed with women living on low incomes to provide a sense of what the food baskets of low-income households cost in Pietermaritzburg and is specifically designed to measure food price inflation as experienced by households living on low incomes. Although located in Pietermaritzburg, the household food index may provide a picture into food price inflation as experienced by households living on low incomes in South Africa.

		In	dex 2018/	19	change	in Rands	chang	e in %
Foods tracked	Quantity tracked	Jun_2018	Dec_2018	Jan_2019	Dec 2018 vs. Jan 2019	Jun 2018 vs. Jan 2019	Dec 2018 vs. Jan 2019	Jun 2018 vs. Jan 2019
			Zero-ra	ted foods				
Maize meal	25kg + 10kg	R 227,49	R 226,18	R 225,78	-R 0,40	-R 1,71	0%	-1%
Rice	10kg	R 74,32	R 76,49	R 80,82	R 4,33	R 6,50	6%	9%
Samp	5kg	R 30,99	R 28,49	R 30,16	R 1,67	-R 0,83	6%	-3%
Sugar beans	5kg	R 96,82	R 85,16	R 87,33	R 2,17	-R 9,50	3%	-10%
Cooking oil	5L	R 72,66	R 79,66	R 84,49	R 4,83	R 11,83	6%	16%
Maas	4L	R 40,83	R 38,16	R 39,49	R 1,33	-R 1,34	3%	-3%
Eggs	60 eggs	R 97,99	R 90,14	R 88,47	-R 1,67	-R 9,52	-2%	-10%
Potatoes	10kg	R 50,94	R 60,23	R 77,97	R 17,73	R 27,03	29%	53%
Onions	10kg	R 64,75	R 52,92	R 51,18	-R 1,74	-R 13,57	-3%	-21%
Tomatoes	6kg	R 76,58	R 65,71	R 72,49	R 6,79	-R 4,09	10%	-5%
Carrots	5kg	R 33,00	R 32,50	R 47,49	R 14,99	R 14,50	46%	44%
Butternut	10kg	R 40,94	R 52,66	R 47,13	-R 5,53	R 6,19	-11%	15%
Spinach	8 bunches	R 51,92	R 37,29	R 37,29	R 0,00	-R 14,63	0%	-28%
Cabbage	2 heads	R 25,32	R 18,98	R 25,98	R 7,00	R 0,66	37%	3%
Tinned pilchards	400g x6	R 87,32	R 88,64	R 93,64	R 5,00	R 6,32	6%	7%
Bananas	4kg	R 42,63	R 44,63	R 47,29	R 2,67	R 4,66	6%	11%
Apples	1.5kg	R 17,82	R 21,82	R 24,99	R 3,17	R 7,17	15%	40%
Brown bread	25 loaves	R 226,54	R 234,04	R 240,29	R 6,25	R 13,75	3%	6%
Subtotal of zero-rated	foods	R1 358,85	R 1 333,69	R 1 402,28	R 68,59	R 43,43	5,1%	3,2%
			VATab	ole foods				
Cake Flour	10kg	R 70,82	R 76,32	R 78,16	R 1,83	R 7,33	2%	10%
White sugar	10kg	R 128,66	R 138,83	R 145,16	R 6,33	R 16,50	5%	13%
Frozen chicken portions	10kg	R 327,98	R 324,98	R 314,98	-R 10,00	-R 13,00	-3%	-4%
Chicken feet	5kg	R 155,97	R 134,72	R 132,22	-R 2,50	-R 23,75	-2%	-15%
Gizzards	2kg	R 55,99	R 53,98	R 55,48	R 1,50	-R 0,50	3%	-1%
Beef	2kg	R 152,98	R 142,99	R 146,98	R 3,99	-R 6,00	3%	-4%
Wors	2kg	R 80,98	R 83,48	R 81,48	-R 2,00	R 0,50	-2%	1%
Inyama yangaphakathi	2kg	R 49,44	R 50,48	R 52,98	R 2,50	R 3,54	5%	7%
Salt	1kg	R 13,74	R 14,19	R 14,19	R 0,00	R 0,45	0%	3%
Stock cubes	24 cubes x2	R 32,31	R 31,65	R 35,98	R 4,33	R 3,67	14%	11%
Soup	400g x2	R 24,98	R 24,65	R 28,31	R 3,67	R 3,33	15%	13%
Curry powder	200g	R 26,99	R 25,82	R 27,16	R 1,33	R 0,17	5%	1%
Теа	250g	R 23,49	R 28,82	R 29,32	R 0,50	R 5,83	2%	25%
Cremora	800g	R 32,49	R 30,66	R 34,32	R 3,67	R 1,83	12%	6%
Canned beans	410g x6	R 55,48	R 53,50	R 60,30	R 6,80	R 4,82	13%	9%
Margarine	1kg x2	R 62,98	R 63,31	R 63,98	R 0,67	R 1,00	1%	2%
Peanut butter	400g x2	R 49,31	R 49,15	R 49,31	R 0,17	R 0,00	0%	0%
Polony	2.5kg	R 50,82	R 57,49	R 56,99	-R 0,50	R 6,17	-1%	12%
Apricot jam	900g x2	R 49,31	R 49,31	R 49,65	R 0,33	R 0,34	1%	1%
White bread	25 loaves	R 247,00	R 254,88	R 259,04	R 4,17	R 12,04	2%	5%
Subtotal of VATable f	oods	R1 691,73	R 1 689,21	R 1 716,00				1,4%
Vatable foods (excl. VA	Г)	R1 471,07	R1 468,88	R1 492,17	R 23,30	R21,10		
VAT total		R220,66	R220,33	R223,83				
Total household food	basket	R3 050,58	R3 022,90	R3 118,28	R95,38	R67,70	3,2%	2,2%

3. JANUARY Household Food Index: zero-rated vs. VAT

Month-on-month: The **zero-rated foods** in the household food basket **increased** by R68,59 (5,1%) to R1 402,28 in January 2019.

From June 2018: The zero-rated foods in the household food basket *increased* by R43,43 (3,2%) from R1 358,85 in June 2018 to R1 402,28 in January 2019.

Month-on-month: The **foods subject to VAT** in the household food basket **increased** by R26,79 (1,6%) to R1 716,00 in January 2019.

From June 2018: The foods subject to VAT in the household food basket *increased* by R24,27 (1,4%) from R1 691,73 in June 2018 to R1 716,00 in January 2019.

20/38 foods in the total household food basket are subject to VAT. Foods subject to VAT make up **55%** of the total cost of the household food basket. VAT on the total household food basket came to **R223,83** in January 2019. This means that **7,2%** of the household food basket is made up of VAT.

	Quantita	In	dex 2018/1	19	change	in Rands	chang	e in %
Products tracked	Products tracked Quantity tracked	Jun_2018	Dec_2018	Jan_2019	Dec 2018 vs. Jan 2019	Jun 2018 vs. Jan 2019	Dec 2018 vs. Jan 2019	Jun 2018 vs. Jan 2019
Green bar soap	8 bars	R 44,81	R 48,31	R 50,65	R 2,33	R 5,83	5%	13%
Washing powder	3kg	R 61,32	R 64,33	R 60,99	-R 3,33	-R 0,33	-5%	-1%
Dishwashing liquid	750ml	R 22,99	R 23,16	R 24,99	R 1,83	R 2,00	8%	9%
Handy Andy	750ml	R 20,49	R 21,49	R 21,99	R 0,50	R 1,50	2%	7%
Jik	750ml	R 21,99	R 20,66	R 21,49	R 0,83	-R 0,50	4%	-2%
Jeyes Fluid	500ml	R 34,66	R 33,99	R 34,82	R 0,83	R 0,17	2%	0%
Toilet paper	24 rolls	R 82,32	R 87,16	R 87,16	R 0,00	R 4,83	0%	6%
Bath soap	500g x 2	R 25,65	R 23,31	R 25,98	R 2,67	R 0,33	11%	1%
Toothpaste	100ml x3	R 34,47	R 38,47	R 39,97	R 1,50	R 5,50	4%	16%
Vaseline	500g	R 27,82	R 26,49	R 27,82	R 1,33	R 0,00	5%	0%
Cream	big bottle x2	R 35,31	R 34,31	R 35,31	R 1,00	R 0,00	3%	0%
Roll-on deodorant	х4	R 54,97	R 56,64	R 62,64	R 6,00	R 7,67	11%	14%
Spray-on deodorant	big spray x 3	R 66,97	R 65,47	R 67,47	R 2,00	R 0,50	3%	1%
Sanitary pads	2 big packs	R 81,31	R 81,31	R 81,31	R 0,00	R 0,00	0%	0%
Shoe Polish	100ml	R 20,99	R 24,57	R 24,89	R 0,32	R 3,90	1%	19%
Total household dome hygiene products	estic and	R 636,09	R 649,67	R 667,49	R 17,82	R 31,40	2,7%	4,9%

4. JANUARY Household Domestic & Personal Hygiene Index

Month-on-month: The cost of the **household domestic and personal hygiene products basket** *increased* by R17,82 (2,7%) to R667,49 in January 2019.

From June 2018: The cost of the **household domestic and personal hygiene products basket** *increased* by R31,40 (4,9%) from R636,09 in June 2018 to R667,49 in January 2019.

Domestic and personal hygiene products are critical expenses for safe food preparation and overall household health, well being and for dignity. It means that, like food, these must be secured every month. Women living on low incomes tell us that the money needed to secure domestic and personal hygiene products are sourced from within the food budget. It means that these products compete with the food budget. Because of this, a more realistic cost of the monthly household food basket should add domestic and personal hygiene products to the food costs.

	In	Index 2018/19			in Rands	change in %	
By number of family members	Jun_2018	Dec_2018	Jan_2019	Dec 2018 vs. Jan 2019	Jun 2018 vs. Jan 2019	Dec 2018 vs. Jan 2019	Jun 2018 vs. Jan 2019
Four (4)	R2 382,64	R2 319,94	R2 560,45	R 240,51	R 177,81	10,4%	7,5%
Five (5)	R3 006,46	R2 933,10	R3 234,25	R 301,15	R 227,79	10,3%	7,6%
Seven (7)	R4 163,65	R4 060,59	R4 480,20	R 419,61	R 316,55	10,3%	7,6%

5. JANUARY Basic Nutritional Food Index: families

Month-on-month: The cost of the **basic nutritional food basket for a family of 7 members** *increased* by R419,61 (10,3%) to R4 480,20 in January 2019.

From June 2018: The cost of the **basic nutritional food basket for a family of 7 members** *increased* by R316,55 (7,6%) from R4 163,65 in June 2018 to R4 480,20 in January 2019.

In January 2019 the difference in cost between the foods which families living on low incomes try and buy each month (the household food basket) and the foods which families would like to buy and should buy to meet basic nutrition (the basic nutritional food basket) was **R3 118,28 vs. R4 480,20** (-R1 361,92).

It means that in January 2019, families with seven members underspent on basic nutritional food by 30% (R1 361,92).

6. JANUARY Basic Nutritional Food Index: children

	Index 2018/19			change	in Rands	change in %	
By age of child	Jun 2018 Dec 2018 J		I 2010	Dec 2018 vs.	Jun 2018 vs.	Dec 2018 vs.	Jun 2018 vs.
	Jun_2018 D	Dec_2018	Jan_2019	Jan 2019	Jan 2019	Jan 2019	Jan 2019
Small child aged 3-9 years	R542,96	R526,36	R584,37	R 58,01	R 41,41	11,0%	7,6%
Small child aged 10-13 years	R583,39	R569,76	R629,08	R 59,32	R 45,69	10,4%	7,8%
Girl child aged 14-18 years	R614,24	R601,14	R661,58	R 60,44	R 47,34	10,1%	7,7%
Boy child aged 14-18 years	R682,49	R666,08	R730,13	R 64,05	R 47,64	9,6%	7,0%

Month-on-month: The cost of a feeding **a small child aged 10-13 years a basic nutritious diet** *increased* by R59,32 (10,4%) to R629,08 in January 2019.

From June 2018: The cost of a feeding **a small child aged 10-13 years a basic nutritious diet** *increased* by R45,69 (7,8%) from R583,39 in June 2018 to R629,08 in January 2019.

As children grow older, their nutritional requirements increase. It means that the cost of feeding a child increases in price as a child grows older and is also different for teenage girls and boys.

For the 2018/19 term the Government Child Support Grant is **R410** per month. This is a fixed value and does not increase as a child grows older.

The food poverty line calculated by Statistics South Africa is R547 per capita per month (latest April 2018).

In January 2019 it cost R629,08 to feed a small child aged 10-13 years a basic nutritious diet per month.

The Child Support Grant of R410 per month is set **<u>below</u>** the food poverty line and **<u>further below</u>** the cost to secure a basic nutritious diet for a small child.

In January 2019, the Child Support Grant is **25%** below the food poverty line and **35%** below the cost to secure a basic nutritious diet for a small child. This percentage deficit is higher for older children.

	In	Index 2018/19		change in Rands		change in %	
By sex, activity level & lifestage	Jun_2018	Dec_2018	Jan_2019	Dec 2018 vs. Jan 2019	Jun 2018 vs. Jan 2019	Dec 2018 vs. Jan 2019	Jun 2018 vs. Jan 2019
Adult women and Elderly women >65 yrs	R583,39	R569,76	R629,08	R 59,32	R 45,69	10,4%	7,8%
Very active women, Adult men and Elderly men >65 yrs	R614,24	R601,14	R661,58	R 60,44	R 47,34	10,1%	7,7%
Very active men and Pregnant & lactating women	R682,49	R666,08	R730,13	R 64,05	R 47,64	9,6%	7,0%

7. JANUARY Basic Nutritional Food Index: adults

8. JANUARY Household Affordability Scenarios

Number of working days in January 2019 = 22 days

Affordability, in its simplest form, is relative to income levels and the cost of goods and services (expenses). Workers work to support their families. Workers, reasonably expect to cover the costs of goods and services needed for dignity and household functionality off their wages. In most Black South African households, only one family member works. This one wage must support, a reductive average of 3,8 persons in January 2019. The baseline wages remunerated to most Black South African workers are very low. Divided by 4 persons, the wage becomes a poverty wage. The National Minimum Wage, coming into effect on 1st January 2019, set at R20 an hour for general workers, R18 for farmworkers and R15 for domestic workers is not going to be enough to change the low-wage trajectory.

The introduction of a 10% reduction in the NMW via an exemption process, will make it even less likely for the NMW to change the lives of South African workers and their families. The affordability crisis faced by Black South African households will continue to deepen. Where exemptions are granted, the R20 an hour for general workers will be reduced to R18 an hour; the R18 for farmworkers will be reduced to R16,20 an hour; and the R15 for domestic workers will be reduced to R13,50 an hour.

The tables below provide various income scenarios for households with persons receiving a social grant and/or for workers remunerated at various wage and National Minimum Wage levels for different categories of workers, as well as for different number of days and hours worked. Because of our largely unchanged apartheid geography, the costs of transport to get to work and back home eats away at the value of the low wage, leaving very little money to secure food and other critical expenses. Prepaid electricity costs also are a major household expense. Both services have increased markedly, with Pietermaritzburg taxi fares increasing by ±8,3% in August 2018 and electricity costs increasing by 6,84% in July 2018. By subtracting transport to work and electricity costs, we are then able to see the money remaining to secure other essential goods and services costs [highlighted in tables as *money remaining to*

Households do not prioritise paying for food first out of the remaining goods and services which households need to secure. However we include food costs in the calculations because all other critical expenses, some of which households deem non-negotiable like debt servicing, scholar transport and education and burial insurances, and other important expenses like those of household domestic and personal hygiene products all compete viciously for the money remaining in the household purse. The last row in the tables highlights the *minimum surplus/shortfall on food costs*: it is this figure which shows the extent of the shortfall in wages because in most of the scenarios shown in the tables below, workers and their families do not earn enough money to secure enough nutritious food to eat, let alone all the other critical expenses which we have excluded from our calculations. The percentages shown as *minimum food shortfall* mean that households will be spending far less on food because other expenses must also be paid out of this remaining money. If households are not able to secure even food out of the money remaining than it is a stark indication of the deficiencies in low baseline wages and grants.

The data in the tables are derived from the latest available Pietermaritzburg-based costs for expenses, relevant as at Jan 2019.

Note that although there are 22 working days in January 2019, for many workers across various sectors the Dec/Jan period includes a shut down. Depending on the working arrangements it may mean that workers work fewer days in January than the 22 days indicated.

9. National Minimum Wage Scenarios

General Workers (all, excluding NMW defined workers)

Both scenario tables below calculate transport to work on 2 taxi fare, return (R13x4). The electricity charge is based on Msunduzi Municipality's prepaid tariffs (R1,51 per kWh). The first table provides scenarios for the NMW at R20 an hour and the second table provides scenarios for the NMW at the 10% exemption rate at R18 an hour.

General Workers: at NMW

Income	Wage scenario 1	Wage scenario 2	Wage scenario 3
Number of days worked	22	15	15
Number of hours worked	8	8	5
Remuneration rate	R20,00	R20,00	R20,00
Wage income	R3 520,00	R2 400,00	R1 500,00

	Wage scenario 1		Wage scenario 2		Wage scenario 3	
Wage income	R3 520,00		R2 400,00		R1 500,00	
Household expenses		% of wage		% of wage		% of wage
Transport to work (2 taxi, return)	R1 144,00	32,5%	R780,00	32,5%	R780,00	52,0%
Prepaid electricity (350kWh)	R529,34	15,0%	R529,34	22,1%	R529,34	35,3%
Total for transport + electricity	R1 673,34	47,5%	R1 309,34	54,6%	R1 309,34	87,3%
Money remaining to secure all other expenses	R1 846,66		R1 090,66		R190,66	
Subtract: food (4 persons)	R2 560,45	r	R2 560,45	r	R2 560,45	
Minimum surplus/shortfall on food costs	-R713,79	-27,9%	-R1 469,79	-57,4%	-R2 369,79	-92,6%

General Workers: at NMW exemption rate of 10%

R18 an hour

R20 an hour

Income	Wage scenario 1	Wage scenario 2	Wage scenario 3
Number of days worked	22	15	15
Number of hours worked	8	8	5
Remuneration rate	R18,00	R18,00	R18,00
Wage income	R3 168,00	R2 160,00	R1 350,00

	Wage scenario 1		Wage scenario 2		Wage scenario 3	
Wage income	R3 168,00		R2 160,00		R1 350,00	
Household expenses		% of wage		% of wage		% of wage
Transport to work (2 taxis, return)	R1 144,00	36,1%	R780,00	36,1%	R780,00	57,8%
Prepaid electricity (350kWh)	R529,34	16,7%	R529,34	24,5%	R529,34	39,2%
Total for transport + electricity	R1 673,34	52,8%	R1 309,34	60,6%	R1 309,34	97,0%
Money remaining to secure all other expenses	R1 494,66		R850,66		R40,66	
Subtract: food (4 persons)	R2 560,45		R2 560,45		R2 560,45	
Minimum surplus/shortfall on food costs	-R1 065,79	-41,6%	-R1 709,79	-66,8%	-R2 519,79	-98,4%

Farmworkers

Both scenario tables below exclude transport to work costs but include "other' transport costs which farmworkers will have to pay for to access supermarkets and public health care services. The electricity charge is based on Umngeni Municipality's prepaid tariffs (R1,31 per kWh). The food costs may be more than reflected as farmworkers will buy more food in local towns and from local suppliers, which will be more expensive than those prices tracked in Pietermaritzburg. The first table provides scenarios for the NMW at R18 an hour and the second table provides

Farmworkers: at NMW

R18 an hour

Income	Wage scenario 1	Wage scenario 2	Wage scenario 3
Number of days worked	22	15	15
Number of hours worked	9	9	5
Remuneration rate	R18,00	R18,00	R18,00
Wage income	R3 564,00	R2 430,00	R1 350,00

	Wage scenario 1		Wage scenario 2		Wage scenario 3	
Wage income	R3 564,00		R2 430,00		R1 350,00	
Household expenses		% of wage		% of wage		% of wage
Transport other	R246,00	6,9%	R246,00	10,1%	R246,00	18,2%
Prepaid electricity (350kWh)	R458,16	12,9%	R458,16	18,9%	R458,16	33,9%
Total for transport + electricity	R704,16	19,8%	R704,16	29,0%	R704,16	52,2%
Money remaining to secure all other expenses	R2 859,84		R1 725,84		R645,84	
Subtract: food (4 persons)	R2 560,45		R2 560,45		R2 560,45	
Minimum surplus/shortfall on food costs	R299,39	11,7%	-R834,61	-32,6%	-R1 914,61	-74,8%

Farmworkers: at NMW exemption rate of 10%

R16,20 an hour

Income	Wage scenario 1	Wage scenario 2	Wage scenario 3
Number of days worked	22	15	15
Number of hours worked	9	9	5
Remuneration rate	R16,20	R16,20	R16,20
Wage income	R3 207,60	R2 187,00	R1 215,00

	Wage scenario 1		Wage scenario 2		Wage scenario 3	
Wage income	R3 207,60		R2 187,00		R1 215,00	
Household expenses		% of wage		% of wage		% of wage
Transport other	R246,00	7,7%	R246,00	11,2%	R246,00	20,2%
Prepaid electricity (350kWh)	R458,16	14,3%	R458,16	20,9%	R458,16	37,7%
Total for transport + electricity	R704,16	22,0%	R704,16	32,2%	R704,16	58,0%
Money remaining to secure all other expenses	R2 503,44		R1 482,84		R510,84	
Subtract: food (4 persons)	R2 560,45		R2 560,45		R2 560,45	
Minimum surplus/shortfall on food costs	-R57,01	-2,2%	-R1 077,61	-42,1%	-R2 049,61	-80,0%

Domestic workers

Both scenario tables below calculate transport to work on 2 taxi fares, return (R13x4). The electricity charge is based on Msunduzi Municipality's prepaid tariffs (R1,51 per kWh). The first table provides scenarios for the NMW at R15 an hour and the second table provides scenarios for the NMW at the 10% exemption rate at R13,50 an hour.

Domestic workers: at NMW

Wage scenario 1 Wage scenario 2 Wage scenario 3 Income 22 15 Number of days worked 15 8 8 Nu<u>mber of hours worked</u> R15,00 R15,00 R15,00 Remuneration rate Wage income R2 640,00 R1 800,00 R1 125,00

	Wage scenario 1		Wage scenario 2		Wage scenario 3	
Wage income	R2 640,00		R1 800,00		R1 125,00	
Household expenses		% of wage		% of wage		% of wage
Transport to work (2 taxi, return)	R1 144,00	43,3%	R780,00	43,3%	R780,00	69,3%
Prepaid electricity (350kWh)	R529,34	20,1%	R529,34	29,4%	R529,34	47,1%
Total for transport + electricity	R1 673,34	63,4%	R1 309,34	72,7%	R1 309,34	116,4%
Money remaining to secure all other expenses	R966,66		R490,66		-R184,34	
Subtract: food (4 persons)	R2 560,45		R2 560,45		R2 560,45	
Minimum surplus/shortfall on food costs	-R1 593,79	-62,2%	-R2 069,79	-80,8%	-R2 744,79	-107,2%

Domestic workers: at NMW exemption rate of 10%

R13,50 an hour

Income	Wage scenario 1	Wage scenario 2	Wage scenario 3
Number of days worked	22	15	15
Number of hours worked	8	8	5
Remuneration rate	R13,50	R13,50	R13,50
Wage income	R2 376,00	R1 620,00	R1 012,50

	Wage scenario 1		Wage scenario 2		Wage scenario 3	
Wage income	R2 376,00		R1 620,00		R1 012,50	
Household expenses		% of wage		% of wage		% of wage
Transport to work (2 taxis, return)	R1 144,00	48,1%	R780,00	48,1%	R780,00	77,0%
Prepaid electricity (350kWh)	R529,34	22,3%	R529,34	32,7%	R529,34	52,3%
Total for transport + electricity	R1 673,34	70,4%	R1 309,34	80,8%	R1 309,34	129,3%
Money remaining to secure all other expenses	R702,66		R310,66		-R296,84	
Subtract: food (4 persons)	R2 560,45		R2 560,45		R2 560,45	
Minimum surplus/shortfall on food costs	-R1 857,79	-72,6%	-R2 249,79	-87,9%	-R2 857,29	-111,6%

10. Social Grant Scenarios

Pensioners and mothers caring for children

The first scenario includes a household receiving an old-age grant (R1 700) and two child support grants (R410x2); and the second scenario includes just an old-age grant. Under expenses we have included burial insurance and transport costs to town to collect grant monies, shop and access public health care services.

	Wage scenario 1		Wage sc	enario 2
	1 OAG + 2 CSGs		10	AG
Wage income	R2 520,00		R1 700,00	
Household expenses		% of wage		% of wage
Burial insurance	R250,00	9,9%	R250,00	14,7%
Transport other	R143,00	5,7%	R143,00	8,4%
Prepaid electricity (350kWh)	R529,34	21,0%	R529,34	31,1%
Total for insurance +transport + electricity	R922,34	36,6%	R922,34	54,3%
Money remaining to secure all other expenses	R1 597,66		R777,66	
Subtract: food costs (4 persons)	R2 560,45		R2 560,45	
Minimum surplus/shortfall on food costs	-R962,79	-37,6%	-R1 782,79	-69,6%

R15 an hour

11. Other Wage Scenarios

For households with a worker who is paid at the median wage for Black South Africans, or a higher rate than the NMW, or for households with more than one worker, or for households with multiple income streams

	Wage scenario 1		Wage scenario 2		Wage scenario 3	
Wage income	R3 000,00		R3 500,00		R4 500,00	
Household expenses		% of wage		% of wage		% of wage
Transport to work (2 taxi, return)	R1 144,00	38,1%	R1 144,00	32,7%	R1 144,00	25,4%
Prepaid electricity (350kWh)	R529,34	17,6%	R529,34	15,1%	R529,34	11,8%
Total for transport + electricity	R1 673,34	55,8%	R1 673,34	47,8%	R1 673,34	37,2%
Money remaining to secure all other expenses	R1 326,66		R1 826,66		R2 826,66	
Subtract: food (4 persons)	R2 560,45		R2 560,45		R2 560,45	
Minimum surplus/shortfall on food costs	-R1 233,79	-48,2%	-R733,79	-28,7%	R266,21	10,4%

	Wage scenario 4		Wage scenario 5		Wage scenario 6	
Wage income	R6 000,00		R8 000,00		R12 500,00	
Household expenses		% of wage		% of wage		% of wage
Transport to work (1 taxi, return)	R1 144,00	19,1%	R1 144,00	14,3%	R1 144,00	9,2%
Prepaid electricity (350kWh)	R529,34	8,8%	R529,34	6,6%	R529,34	4,2%
Total for transport + electricity	R1 673,34	27,9%	R1 673,34	20,9%	R1 673,34	13,4%
Money remaining to secure all other expenses	R4 326,66		R6 326,66		R10 826,66	
Subtract: food (4 persons)	R2 560,45		R2 560,45		R2 560,45	
Minimum surplus/shortfall on food costs	R1 766,21	69,0%	R3 766,21	147,1%	R8 266,21	322,8%

12. Expenses for Households Living on Low incomes

The scenarios in the previous pages used a few limited expenses (transport, electricity and food) to show the deficiencies in low baseline wages and social grants. In the NMW and Social Grant scenarios most households could not secure food whilst also securing the typically non-negotiable expenses of transport and electricity. However, the affordability crisis facing households is worse than reflected in the NMW and Social Grant scenarios because households require a myriad of other goods and services to live at a dignified level. It means that if there is a shortfall on food costs, then for sure the money available to be spent on food will be much lower than reflected in the scenario tables as all other expenses have to compete with the remaining money after transport to work and prepaid electricity tokens have been paid, and only some of this money will be allocated to secure food.

Women living on low incomes have told us that expenses are relative to the needs and dreams of individual families, *viz.* families have different priorities on how they spend their money. However, women agreed that there are a number of expenses which are typically common to most families living on low incomes. Here women identified and prioritised what they said were typical non-negotiable expenses, these include: transport (to work, for scholar transport to school, to go to town to shop, and to access public health care services), electricity (to cook food, keep the lights on, keep warm and for security), education for children (so children can have a brighter future than their parents experienced), burial insurance (so that at least in death there can be a semblance of dignity) and the repayment of debt because households cannot get through the month on the level of income coming into the home and so servicing debt is critical to secure credit going forward. After these expenses, there are a myriad of other essential expenses which households must cover, not least of all food and domestic and personal hygiene products.

Below we provide several Pietermaritzburg-based costs of a range of goods and services expenses which households on low incomes may typically be expected to cover. The cost data is not complete and excludes many potential expenses. Its purpose is however to provide a sense of what some important household expenses cost in Pietermaritzburg for households living on low incomes and further provides insight into what level of income households living on low incomes may require to live at a basic level of dignity.

The table below provides a picture of what a more extensive expense list may look like and cost for a family of four (4) members living on a low income in Pietermaritzburg for January 2019.

Several typical household expenses	For	Cost
Burial insurance	Family	R250,00
Transport to work (2 taxi, return)	1 Adult	R1 144,00
Transport to shops and to access public health services	Family	R143,00
Transport to school (omalume)	1 Child	R550,00
Prepaid electricity (350kWh)	Family	R529,34
Debt servicing on food (minimum)	Family	R300,00
School fees (reasonable quality primary school)	1 Child	R1 000,00
Water (flat rate, unmetered households)	Family	R120,06
Food	Family	R2 560,45
Domestic and personal hygiene products	Family	R667,49
Airtime	Family	R300,00
'Savings' into stokvels/mholiswano, stamps etc.	Family	R200,00
Total for typical expenses		R7 764,34

The tally of the cost of some typical monthly household expenses which households living on low incomes tell us they reasonably expect to cover is **R7 764,34** in **January 2019**. This figure *excludes* the cost of ensuring that children start the New Year well, *viz.* registration fees, uniforms, shoes, stationery, books etc. are excluded from this January cost. It is clear that on low wages and low grants, these expense costs are well beyond the affordability capacity of most households living on low incomes. Households take

In January women pensioners have told us that most of their pension goes to covering school expenses and that nutrition suffers quite substantially for about 3 weeks in January until either the next pension tranche comes in or other family members access a January wage. Bringing forward the date of the start of the New School Year has put enormous pressure on the pension and remaining wage of workers. Typically women have told us that this has also meant that they have started 2019 in a bad position and that higher levels of debt had to be taken which will follow families throughout 2019 as they try and bring down these debts.

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